

# LET'S TALK ABOUT — SEXUALITY

## A FREE WORKSHOP FOR ADULTS WITH A DISABILITY

### WHAT WILL WE LEARN ABOUT AT THE WORKSHOP?

- What is sexuality?
- Parts of the body and how it all works
- All about sexy stuff
- Steps to building a respectful relationship
- Safety and Protection
- And the rules and the Laws to do with Sex and relationships

Please register prior to event via email: [admin@birdsandbees.com.au](mailto:admin@birdsandbees.com.au)



# This workshop has been designed to support adults (18+) with a cognitive disability or people on the autism spectrum to have greater understanding of sexuality and relationships.

## WORKSHOP:

The workshop offers limited spaces and are specifically for the person with a disability. Services may register up to 5 people with a disability (per table) accompanied by a support person or persons. Support workers will sit with the group and help to facilitate group learning. Or a person with a disability may register as an individual and come along with their own support person. Individuals will be grouped together to form one group per table. Support staff will need to be registered with the group- but their role is to support the people that they are accompanying. This workshop is non-gender specific and will contain adult themes.

## TRAINER:

Jodi Rodgers established Birds and Bees after 25 years of working within the education, disability and sexuality fields. Jodi is a qualified sexologist, counsellor and special education teacher. Jodi has worked within the education and community sectors in both Australia and internationally and has extensive experience working with people with intellectual disability and people on the spectrum.

With her unique combination of qualifications and experience, Jodi has developed education and training programs that makes discussing and learning about sexuality and relationships, comfortable, relevant and fun.

For more information on  
Jodi and Birds and Bees go to:  
[www.birdsandbees.com.au](http://www.birdsandbees.com.au)

